

www.LaDolceVitaFoundation.org

## The World is a Beautiful Place...See it All



To Break The Cycle of Depression... Take a 'Joy Ride' in an Exotic Convertible!

LaDolceVitaFoundation.Org

## Think about the following questions:

- Do you often feel overwhelmed or unable to cope with the stresses of everyday life?
- Are you often sad or unhappy?
- Do you sometimes feel upset for no apparent reason?
- Do you lack energy, motivation or concentration?
- Have you lost interest in activities that you once found enjoyable?
- Do you sometimes experience episodes of intense, panicked anxiety?
- Are you often agitated, nervous or irritable? Do you suffer from frequent anxiety?
- Do you have difficulty sleeping? Or are you sleeping too much?
- Do you often feel hopeless or miserable?

If you answered "yes" to some of these questions, then you may suffer from depression or anxiety. La Dolce Vita Foundation can help you with a 'Joy Ride' in an exotic convertible.

## La Dolce Vita Foundation grants 'Joy Rides' that last 1-4 hours...

The patient has a choice of bringing several CD's (or I-Pod) of his/her favorite music, to have a conversation about any topic they choose or simply sit back and let the wind blow through their hair.

A sophisticated video system (just like the kind in police cars, NASCAR racing cars, TV shows and films) will video tape the entire trip inside/outside the car. We will provide a DVD as a souvenir memento at the end of the 'Joy Ride' experience.

At the beginning and end of the drive we will take digital photos of the patient and our custom roadster Miata. We hope that the before and after pictures will clearly establish how much joy and bliss the patient experienced during the trip.

To prepare for the worst case scenario, we will always have a cell phone on hand. Further our driver is trained in grief and illness counseling as well as CPR training. We will know all the medical emergency offices and hospitals on route of the various scenic drives.

La Dolce Vita Foundation hopes to provide access to the love affair that Americans have had with automobiles, freedom of travel and taking in the natural beauty of their surroundings.

Contact us at www.LaDolceVitaFoundation.org to set up an appointment with your doctor for a full evaluation if you or a loved one qualifies.

